

How to Play Disc Golf

Objective: The goal of the game is to throw a disc into a target basket at each hole in the least number of throws possible. Each throw counts for one point as does each penalty.

Tee Off: Players tee off from a tee pad for the first throw. Throw must be completed behind the end of the turf area. Subsequent throws must be made from directly behind the lie.

The Lie: The lie is the spot where the disc lands. This can be marked with a mini disc or other item.

Fairway Throws: Must be made from behind the lie. A run-up and follow through is permitted. A player may stretch out sideways to get a better shot to the hole. When stretching sideways you cannot place your foot closer to the hole than your foot behind the lie.

Putt: Within 10m (33') of the target your shot is considered a putt. During a putt you must maintain balance and not move past the lie until the disc comes to rest.

Safety and Courtesy: Do not throw until the players or any person is out of range.

Turns: The player with the least number of strokes on the previous hole is the first to tee off on the next hole. After all players have teed off, the player whose disc is farthest from the hole always throws first.

Penalties: Penalties occur if a disc lands in water or is Out of Bounds (O.B.) as indicated on the sign at the beginning of each hole. A disc is considered in bounds so long as any part of the disc is in bounds. For creeks, the waters edge is the O.B. line. A throw that lands O.B. must be played from a point, up to 1 meter in bounds, from where the disc crossed over the O.B. line. Damaging trees or bushes is a penalty. Moving loose ground debris, to establish proper footing, is allowed.

Mandatory Obstacle (aka Mando): A mando, is one or more designated trees or poles in the fairway that must be passed to the correct side as indicated by an arrow. If the disc passes to the wrong side of a mandatory, either rethrow from the previous lie and add a penalty or throw backwards to go around the mando the correct way.



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